

INTRO

Today, we are looking at the power and peace of Jesus as we study the stories found in Mark 4-5.

Where have you seen the power of Jesus in your life? In our community?

Where have you seen the peace of Jesus in your life? In our community?

Where do we need the power and peace of Jesus in our lives and our community?

IDEA 1: THE POWER OF JESUS BRINGS PEACE TO OUR PAIN

Take time together to review Mark 4:35-41.

As we observe Jesus' power over chaos, how does this bring hope to places of chaos in your life and in the world around us?

Consider these two statements that Brian made:

*Jesus uses His power on our behalf - because He loves us.
He is fiercely compassionate - His power brings peace to our pain.*

*Sometimes our obedience to Jesus leads us into a storm,
which seems counterintuitive and makes us question our obedience.*

How can these both be true at the same time?

How have you experienced or witnessed both of these spiritual realities?

IDEA 2: WHAT IS THE PEACE OF JESUS?

The peace of Jesus is:

- wholeness
- hope
- restoration of community

As Brian reviewed these stories with us, what stuck out to you?

John 16:33 - Jesus says "I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world."

As you hear these words of Jesus, what might He be saying to you and to us today?

EXPERIENCING GOD TOGETHER

Give each person the chance to pray their own breath prayer by filling in the blank.

Jesus I trust You. Your power is greater than my _____.

Begin by leaving silence for personal prayer. Then invite people to speak their prayers out loud.

PRACTICE THIS WEEK

"Christians don't simply learn or study or use Scripture; we assimilate it, take it into our lives in such a way that it gets metabolized into acts of love, cups of cold water, missions into all the world, healing and evangelism and justice in Jesus' name, hands raised in adoration of the Father, feet washed in company with the Son." Eugene Peterson

Where and how will you be the peace, power and presence of Jesus this week?