

ICEBREAKER

Rob started his sermon by sharing that Oxford Dictionary's word of the year was "brain rot."

"The supposed deterioration of a person's mental or intellectual state, especially viewed as the result of overconsumption of material (now particularly online content) considered to be trivial or unchallenging"

- **Where in your life have you experienced "brain rot" recently?**
- **What's one thing you've done recently that felt like the opposite of brain rot - something that genuinely challenged your mind or made you think deeply? (Could be a book, conversation, podcast, etc.)**

IDEA 1 - IS THE BIBLE RELIABLE?

In his sermon, Rob explored the question - "Is the Bible reliable?"

- **Have you ever found yourself asking this question before? If so, what things about the Bible have made you question its reliability?**
- **What have you heard others say about the reliability of the Bible?**
- **How do we balance maintaining faith while wrestling with questions about biblical reliability?**

IDEA 2- FOUR REASONS FOR THE RELIABILITY OF SCRIPTURE

Rob provided four reasons to believe in the reliability of Scripture:

1. Manuscript Reliability
2. Internal consistency
3. Recent archaeological findings
4. Prophetic fulfillment

- How do these reasons impact your understanding of the reliability of Scripture?
- What evidence shared in the sermon do you find most compelling for the Bible's reliability?
- What evidence do you have more questions about

EXPERIENCING GOD TOGETHER: MEDITATING ON 1 PETER 3:15

Rob encouraged us to "meditate on the Word and ask God for wisdom."

Take 5 minutes to meditate on 1 Peter 3:15 as a life group:

"Instead, you must worship Christ as Lord of your life. And if someone asks about your hope as a believer, always be ready to explain it."

As you meditate, reflect on this question:

- **How could you better prepare yourself to discuss the Bible's reliability in future conversations?**

Ask God for wisdom as you do.

Afterwards, invite people to share any wisdom or insight they received during that time.

PRACTICE FOR THIS WEEK

What specific steps can you take to continue meditating on Scripture this week and asking God for wisdom?

At the end of the sermon Rob provided several resources for deeper study (The Bible and Unity class, Tim Mackie's podcasts, Wesley Huff's infographics, Sean McDowell's videos).

Which one of these resources could you commit to exploring this week to strengthen your understanding of Scripture?