

Discipleship Leadership Resources for Men

Updated November 2014

High Quest Discipleship Tools (Men on a Mission Tracks I, II, III)

Format: 12-week workbooks that include small group tools

Audience: Men interested in spending a few minutes a day in scripture and able to meet weekly with a small group of other men.

Description: High Quest is a series of tools to help men meet with God in the Scripture, listen to his voice, reflect on what they hear, and share that journey with a few others. Years of piloting and use of the Tools have resulted in more than 20 High Quest Discipleship Groups at Salem Alliance and continues to equip future leaders, mentors and participants. Recommended First Year Series: His Works, His Image, His Commission with option of following Track I: His Works, His Ways, His Glory.

Get: Salem Alliance Pursuits Bookstore or <http://www.highquest.info>

Contact: Joe Broeker joebroeker@gmail.com (503) 362-9100

Stepping Up: Authentic Manhood

Format: 10 thirty minute videos and separate workbook

Audience: Men seeking to understand their biblical roles and responsibilities they have to fulfill those roles.

Description: Dennis Rainey, along with James MacDonald, Robert Lewis, and Crawford Loritts, unpack what biblical manhood looks like and what it means to be a godly, courageous man in today's world. They show men what it means to lead at home, at work, and in the community. They discuss why men need the accountability of other men on the journey of manhood and explain why being passive is not an option.

Get: 1 shared copy of the videos. Workbooks <http://mensteppingup.com>

Contact: Mike Jared mjared@salemalliance.org (503) 581-2129

Men's Fraternity: Authentic Manhood

Format: DVD and workbook. <http://mensfraternity.com>

Audience: Men intent on exploring authentic manhood and the critical issues they face in the lifelong quest at home and at work.

Description: Dr. Robert Lewis has taught this through video series and workbooks in three one-year-long series: The Quest for Authentic Manhood, Winning at Work and Home, and The Great Adventure. Weekly commitment asks for a commitment not all would be up to, but those who see any, or all, of the sequential series will benefit from their time.

Get: Videos and workbooks online <http://www.mensfraternity.com>

Contact: Drew Hinds drewhinds@gmail.com (503) 871-2820

Men's Fraternity: 33 The Series

Format: DVD and participant's guide.

Audience: Primary: Men who are ready for a serious commitment to invest in aligning their lives to reflect God's purposes.

Description: This series derives its title from the 33 years Christ was on earth. It is packaged in a more contemporary format with study material and DVD, building on the precepts of Authentic Manhood, with some additional new material and three new presenters. There are currently 5 video series with workbooks available with more in production:

A Man and His Design, A Man and His Story, A Man and His Traps, A Man and His Work, A Man and His Marriage.

Materials available online at <http://www.authenticmanhood.com/catalog-33-the-series>

Contact: Scott Willis jscottwillis@msn.com

The Measure of a Man: Revised and Expanded Version

Gene Getz; C. 2004

Format: Paperback, Audio CD, etc., and eBook

Audience: Adult men of any age who are motivated to develop their character in Christ.

Description: This resource came on the scene 37 years ago and has recently been revised. His material unpacks 20 Biblical guidelines drawn from Paul's epistles to Timothy and Titus, with an emphasis of life application and encouragement. Topics include becoming a faithful an, building a good reputation, maintaining moral purity, etc. It is a respectable resource for a men's study group.

Get: Online Book Store

Contact: Drew Hinds drewhinds@gmail.com (503) 871-2820

The Every Man Series Bible Studies

Stephen Arterburn, Kenny Luck, and/or Todd Wendorff

Format: Paperback booklet

Audience: Suitable to the interest/relevance of participant men

Description: Authors are from Rick Warren's Saddleback Church. They offer eight-session Bible Studies that appear to lend themselves to reflection and participation by men with a variety of relevant subjects.

Being God's Man by Claiming Your Freedom

Being God's Man in the Face of Temptation

Being God's Man in Leading a Family

Being God's Man by Standing Firm under Pressure

Being God's Man in Tough Times

Being God's Man by Resisting the World

Every Man's Challenge: How Far Are You Willing to Go for God?

Being God's Man as a Satisfied Single

Get: Online Book Store

Contact: Randy Green rgreen@mvcounseling.com

The Man God Uses: Moved from the Ordinary to the Extraordinary

Henry Blackaby c. 1998

Format: Paperback workbook

Audience: Men

Brief description: (From Christianbooks.com: This is a Bible study for men that is designed to provide spiritual direction and encouragement. God is touching men all over our country, and men who have encountered God need to understand what He is doing in their lives and what their lives can mean when turned over to God. This seven session, interactive study of Scripture clearly shows how response should be in their personal lives, families, work, church, and community.) Session Topics Include:

Week 1: The Character of the Man God Uses

Week 2: How God Shapes a Man

Week 3: God's Refining Process

Week 4: The Godly Man's response to God

Week 5: Made for Times of Crisis

Week 6: Being a Kingdom Citizen

Week 7: On Mission with God in Our World

Get: Online Book Store

Contact: Randy Green rgreen@mvcounseling.com

Wild at Heart: Discovering the Secrets of a Man's Soul (Revised and Updated)

John Eldredge

Format: There is a book, DVD and participant's guide.

<http://ransomedheart.com>

Audience: Primary: Men who may be searching for a reaffirmation of the legitimate calling to live something other than a second-hand life. It does not have an emphasis on male chauvinism or disrespect for women. It is not a substitute for a regular HQ or Bible Study.

Brief description: This is a book without strong scriptural integration that focuses on the need to recapture lost parts of one's masculinity, addressing such issues as wounds from a man's past, losing our way in a world that might undermine the legitimate contribution a man is called to make, and the importance of living life as an adventure.

Get: Salem Alliance Pursuits Bookstore or Online Book Store

Contact: Kevin Boyles kevin@sassyonion.com

Fathered by God

John Eldredge. c. 2009

Format: There is a book, DVD and participant's guide.

Audience: This is exclusively for guys, and does a decent job of affirming one's identity in Christ, regardless of our experience with earthly fathers.

Brief description: This book focuses on the masculine journey and that our true identity as a man is found in our relationship with God and that through various stages of the masculine journey and roles to be mastered, such as Boyhood, Cowboy, Warrior, Lover, King and Sage.

Get: Online Book Store (Free [download](#) of book study guide)

Contact: Randy Green rgreen@mvcounseling.com

The Mentor Leader, Secrets to Building People and Teams that win

Tony Dungy @ 2010

Format: Book.

Audience: Those interested in mentoring others.

Brief description: A reasonable book about the process of mentoring others and characteristics related to a mature relationship. As a Christian, there are references to Christ and Scripture, but it is mainly a book on equipping the mentor.

Get: Online book store

Contact: Drew Hinds drewhinds@gmail.com (503) 871-2820

Disciplines of a Godly Man

Kent Huges c. 2006

Format: Book with print workbooks available through Mel Wiggers

Audience: Men with established understanding of scripture that are seeking to establish discipline in their lives and in their walk with Christ.

Description: This book provides an detailed outline of disciplines in relationships, soul, character, ministry and their application in purity, marriage, fatherhood, friendship, mind, devotion in prayer and worship.

Get: Online book store - Print workbooks available from Drew Hinds

Contact: Drew Hinds drewhinds@gmail.com (503) 871-2820

Wooden, Pyramid of Success

John Wooden and Jay Carty, c. 2005

Format: Book

Audience: With the sports application, this could appeal to any disciple.

Description: Characteristics and traits leading to significance in a coach's career. Each of the 32 daily readings takes an in-depth look at a single block of the pyramid, which when combined with the other blocks forms the structure of the pyramid of success. The questions utilize scriptures relating to the principles at the end of each chapter study and can effectively be covered by a group within a setting of one hour.

Quiet Strength

Tony Dungy c. 2007.

Format: Book and workbook and DVD are available via Amazon.

Audience: Primarily young men who might be drawn by the mix of a Christian coach and Bible Study on developing a game plan, identifying God-given strength, defining success, the true basis for one's security and becoming a man who leaves a legacy.

Brief description: This book flows out of Tony Dungy's life story and can be attractive to men developing character qualities in the midst of trials and becoming the man God is shaping one to be. There is a six-session Bible study to accompany it.

Get: Through Joe Broeker (discounted price) or online book store

Contact: Joe Broeker joebroeker@gmail.com (503) 362-9100

Dare to be Uncommon:

Tony Dungy; c. 2008.

Format: A book, a Men's Bible Study, and a DVD are available via Amazon.

Audience: Primarily young men who might be drawn by the mix of a Christian coach and Bible Study on developing a game plan, identifying God-given strength, defining success, the true basis for one's security and becoming a man who leaves a legacy.

Description: A Bible study with plenty of scriptural integration around a theme similar to those in Quiet Strength. This seven-session series addresses topics like strengthening one's core, relating with intentionality to others, developing potential, mission that matters, influence over image and living one's faith.

Get: Through Joe Broeker (discounted price) or online book store

Contact: Joe Broeker joebroeker@gmail.com (503) 362-9100

Fight: Winning the Battles that Matter Most

Craig Groeschel c. 2013

Format: Book, Men's Study Guide, and a DVD available through Amazon.

Audience: Men of wide range of ages, Craig Groeschel has a 20-minute highly interesting talk that would be played in the group. There is a book and workbook that offers a multi-media teaching style. At a surface look, this could initially come across as a Bible study on steroids, but the totality of the message is encouraging men to be courageous and warriors, rather than passive. But it does not reinforce an unhealthy view of a man's view in this world. His multi-media presentation gives good treatment of being a man who identifies as Christian in a world where the image is often, but not always, very blurred and unclear. Craig is an exceptionally effective speaker that most people experience as a highly effective communicator, and men will likely walk away with some God-honoring encounters with the Holy Spirit.

Brief description: There are five chapters that could be done in a jammed 5 weeks or 10 weeks, where the DVD and part of the study is done one week with discussion and prayer, and the second week could address more of the questions and discuss verse references in the study guide. Topics include 1. Fight Like a Man; 2. Strong Men with Weak Wills; 3. Spirit-Led, Not Emo-Driven; and 5. Falling Forward.

Cost: The book is \$16. The study guide is \$12. The group DVD (can be played on a computer DVD drive).

Salem Alliance Church Bible Study Curriculum

Format Example: Bible centered workbooks that follow the sermon series at SAC.

Audience: Men interested in spending time in the scripture with emphasis on spiritual growth through prayer and self-reflection. Ideal material for a small group of men who are genuinely seeking a closer walk with God.

Description: The SAC Bible Study Curriculum has a unique spiritual theme and is driven home by the weekly sermon delivered by the Pastoral Preaching Team. Follow along with the pastors as you prayerfully read, reflect and respond in the workbook.

Get: Salem Alliance Pursuits Bookstore

Cost: Typically \$6.00 to \$10.00 each

Contact: contact Laurel Rightmer at lrightmer@salemalliance.org.

Who Is This Man?

John Ortberg c. 2012

Format: Book, Study Guide & DVD

Audience: For Men who want to learn more about who Jesus really was, His life, His death and resurrection, and the interesting events in history that followed to forever shape the church and the world.

Brief description: (Excerpt from John Ortberg's Study Guide: This a challenging study. It's about what matters most in life and history, and how deeply those things are connected to our everyday lives. Don't settle for being a passive spectator. Take the risk of active engagement; wrestle with questions; open yourself to new ideas. Every investment you make – of time, energy, critical thinking, personal vulnerability – will be well worth the effort. That's a promise – one I can make from personal experience.)

Session Topics Include:

Week 1: The Man Who Won't Go Away

Week 2: A Revolution of Humanity

Week 3: The Power of Forgiveness

Week 4: Why It's a Small World After All

Week 5: three Days That Changed The World

Get: Zondervan.com

Cost: Study Guide & DVD \$10.99. Book \$22.99

Contact: Scott Willis jscottwillis@msn.com

Walking With God

John Eldredge c. 2008

Format: Book, Study Guide & DVD

Audience: For Men who want are seeking a deeper, personal, more intimate relationship with God learning to walk with him daily through prayer, reflection through Scripture, and listening for His voice.

Brief description: (Excerpt from John Eldredge's Study Guide: We have a lot to sort through on any given day. All day long we are making choices. It adds up to an enormous amount of decisions in a lifetime. How do we know what to do? We have two options. We can trudge through life on our own, doing our best to figure it all out. Or we can walk with God. As in learn to hear His voice. Really.)

12 Week Series

Publisher: Thomas Nelson Publishing

Cost: Study Guide & DVD \$39.99. Book \$13.50 (Amazon)

Contact: Scott Willis jscottwillis@msn.com